

Prifysgol Wreccsam Wrexham University

Module specification

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Module Code	HLT528
Module Title	Public Health Policy and Practice
Level	5
Credit value	20
Faculty	FSLS
HECoS Code	100473
Cost Code	GAHW
Pre-requisite module	None

Programmes in which module to be offered

Programme title	Core/Optional/Standalone
Dip HE Health and Social Wellbeing	Core
Dip HE Health and Social Wellbeing (with Foundation Year)	Core

Breakdown of module hours

Learning and teaching hours	30 hrs
Placement tutor support hours	0 hrs
Supervised learning hours e.g. practical classes, workshops	0 hrs
Project supervision hours	0 hrs
Active learning and teaching hours total	30 hrs
Placement hours	0 hrs
Guided independent study hours	170 hrs
Module duration (Total hours)	200 hrs

Module aims

The module aims to equip students with a range of skills required to deliver real-life health and wellbeing interventions using a person-centred and inclusive approach. During the module students will learn how to manage crisis situations and develop their own self-care strategies.

Module Learning Outcomes

At the end of this module, students will be able to:

1	Identify and discuss relevant policies and guidelines when delivering health interventions.
2	Assess risk of harm and take appropriate actions to manage crisis situations and safeguarding concerns.
3	Deliver interventions in a supportive and inclusive manner taking account of the needs and preferences of individuals and groups.
4	Identify appropriate self-care strategies.

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Assessment 1: Students to complete a report identifying policies and guidelines relevant to their proposed intervention and measures taken to protect against potential risks of harm to participants (1000 words).

Assessment 2: Students to deliver a practical health and wellbeing intervention a follow up debrief session (10 mins).

Assessment number	Learning Outcomes to be met	Type of assessment	Duration/Word Count	Weighting (%)	Alternative assessment, if applicable
1	1, 2	Coursework	1,000	40%	
2	3, 4	Practical	10 mins	60%	

Derogations

None.

Learning and Teaching Strategies

The learning and teaching strategy for this module follows WU's Active Learning Framework. Students are required to attend 'synchronous' workshops that will include the delivery of module content alongside individual and group discussions and tasks. They are also required to complete 'asynchronous' directed study tasks provided on the Virtual Learning Environment (VLE), such as watching recorded lectures, engaging with discussion forums, and undertaking quizzes, individual and group tasks, key readings and reflective activities.

Welsh Elements

Students are entitled to any service or academic support through the medium of Welsh. Students can also present assessments - academic and practical through the medium of Welsh, whilst still having the freedom to revert to English. Students can request personal tutorials through the Welsh Language as well as attend their work-based learning placements in Wales and through the Welsh Language.

Indicative Syllabus Outline

- Key public health policies and legislation
- Building therapeutic relationships
- Inclusive practice
- Dealing with safeguarding concerns
- Inter-agency working
- Supporting someone in crisis (assessing risk)
- Debrief
- Compassionate practice
- Self-care strategies

Indicative Bibliography

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads:

Thompson, N. (2015), *People Skills*. 4th Ed. London: Palgrave.

Mind Website - <https://www.mind.org.uk/>

Other indicative reading:

Moss, B. & Moss, B. (2020) *Communication skills in nursing, health & social care*. 5th edition. Los Angeles: SAGE.

Public Health Wales Website – [www. https://phw.nhs.wales/](http://www.phw.nhs.wales/)

Administrative Information

For office use only	
Initial approval date	06/12/2021
With effect from date	Sept-2022
Date and details of revision	18.11.2025: Updated learning outcomes, indicative assessment tasks, and indicative bibliography. 29.04.2024 updated learning outcomes, assessment strategy, syllabus outline and reading list.
Version number	3